

In the beginning



Book by Chieh Wu

This book is dedicated to God

My friend, my sexy lover, and the coolest guy I have ever met

Special thanks to

My sister for teaching me patience
My parents for teaching me that I am still not perfect
Karen for forcing me to start my search
Kim for letting me go
Stacy for teaching me unconditional love
Cristina for showing me who my soul mate is
Xiana for help me finding the truth
John for absolutely everything
Ali for being on the cover
Fred for believing me
Tela for reminding me that the work is not over
You for reading this book

Chapter 1

In the beginning

*You have been convinced that if you do not understand
You are not meant to understand
Rather I say that you already know
The teacher is simply incompetent to help you remember*

In the beginning, god is god and time does not exist. Time does not exist because it never did and it still does not. As professor Einstein has proven in his theory of relativity, time is nothing but an illusion made by human. Time is nothing but a measurement of your movement in space. You move from your room to your kitchen, how do you know you have moved? This is because you remember a time which you were in your room. Your movements are measured in seconds, minutes, hours, or any other measurement invented by some bright guy. As you walk towards the kitchen, you remember where you were each second and how you arrived to the kitchen. Your memory tells you that you have moved through time even though you really moved through space which you use time to measure. So in reality time is nothing but a tool human use to measure how things have changed.

However, this tool we call time is useless to god since god cannot move. God cannot move because he was everything and therefore she was everywhere. If you are in your room and you are also in your kitchen, you cannot move to the kitchen since you are already there. God also cannot change from one to another since god was already one and another. He is what he is not because he is everything.

So if we get back to our point, since time does not exist, there is no past and future. There is only now. Since god is everywhere, god is here.

It is at this very moment that god created you, and it is at this very moment that you die. It is at this very moment you suffer the pains in your life, and laughed at the joys of life. This is why people sometimes say that they see their entire life flash before their eyes. At that very instant, they experienced what god sees all the *time*.

Since time did not exist, nothing came before god and nothing came after. This is why god is the beginning and the end, the alpha and the omega.

If god is everything, it would be logical to ask if we are god too. Since god is everything and we are *something*, we must also be a part of everything. You might wonder how that could be since we are so full of imperfection. If god is perfect, we must not be god most people would logically conclude. But wait, this answer just doesn't feel right. If god is everything, and we are part of everything, we must be a part of god. Yet no part of god can be imperfect. So what is wrong?

It seems that we have two contradictory statements both of which appear to be true.

1. We are part of god since god is everything
2. We are imperfect

If you have the choice, which statement would you bet to be wrong?

Since god can do anything, god can also be anything. A god that cannot do and be everything will violate the fact that god is infinitely powerful. However, can we not be a part of god if god is everything? We cannot be because everything is inclusive of everything. So that leaves the error to the second statement. We must be perfect, and therefore god?

This statement probably will seem absolutely absurd since I am jumping ahead of *time* with the story I am about to **remind** you. The reason why I said reminds is because time does not exist. I have already told you the story, you simply don't remember.

In the beginning when god is god and time did not exist. God is everything which means that god also must be nothing. Since god is god, god cannot move, god cannot talk to anyone except to god, god does not require food, and god does not need anything. So god did the only thing it could do. God thinks.

God thinks about beautiful things such as the sun shining on his face, a kiss from a boyfriend, and making love. Yes, god has thought about all of it, every combination, and missed nothing. Even the thoughts which we call evil did god spend enormous amount of energy contemplating. The sun, the kiss, and evilness of course did not exist but god thought about it.

By a simple act of contemplation, god knew everything and missed nothing. After all, from our human perspective, god had all the time in the universe to contemplate. Although god knew everything, there was one single answer that god cannot reply to her satisfactory. Who is god?

God is everything and god knew that. But by knowing this fact doesn't make god something. Knowing doesn't make you be someone or something, only being could make you be anything. So god answer the question of to be or not to be.

The only way that god can *be* is through the experiences of what god is. Since god is everything, god must also *be* everything and be in every situation. God must experience everything to answer the question of what god is. God must continuously experience everything to be god.

God blessed the decision to create everything god knows to be. It is in this decision that god finds joy and equilibrium. God finds equilibrium in creation because it

is an endless cycle that never ends. It is a cycle because god can always create, break down, and create again. Through god's creation, god can experience god through what she has given birth to. From this decision, god became the creator of everything,

From this decision, god created the physical world we know today. God created matter. At this point, some people might accept that somehow god just created matter out of thin air. After all, god is god and god can do anything.

But for the people that believes in the conservation of matter, let me further explain how god performed what seems to be a magic trick. The truth is that we human already know how to create matter. God bless Professor Einstein for remember his famous equation, $E = mc^2$. (This is read e equals m c square)

E is energy which is god since energy is part of everything

m is matter

c^2 is the speed of light squared. The speed of light is 3×10^8 meters per second.

From this equation Einstein proved that energy is matter and matter is energy at a different state. When we put a lot a lot of energy together, we form matter. We have seen from our atomic bombs that a small amount of matter can generate enormous of energy. (30,000,000,000,000,000 is a very large number for a constant) This has been obviously felt during world war two when America dropped this energy on Japan.

Now if you were to perform the same thing backwards, when you oscillate energy fast enough, you will form matter. Since god is all energy, god simply oscillates herself so fast that matter was formed. To god this is no harder than you eating a cheeseburger.

The matter that god created was a very different matter from the matter we see everyday. What we see today is really not matter but mostly empty space. To be more precise, only 2% is matter, 98% is really just empty space. If you remember what an atom looks like, you have the nucleus and the electron cloud. Even though the electron cloud forms the atom, the cloud is mostly empty.

Some people might wonder. If everything is really just empty space, why can we not go through walls or put our hand through a table. This is a very good question and quantum mechanics has explained this thoroughly. The answer is that you *can*, except you would have to be very lucky. Without going into the mathematics of quantum mechanics, I will explain this so that even a 5 year old may understand.

Imagine a fan. Yes, the same type of fan that you use during a hot day. Now make the blade of the fan really small so that you see mostly empty space. Since it is mostly empty space, you can stick your hand right through the fan easily. However, let's start spinning the fan faster and faster. Now the fan is spinning really fast. Are you going to be able to stick your hand through it? Probably not since you might get your hand cut off. This is the same idea except you have electrons colliding. The electrons are going around

the nucleus at the speed of 40,000 miles per second. They are so small they won't cut your hands off, but you are also not likely going to through the table.

So as I was saying, the matter that god created was not the same matter that we see. The matter that god created was matter with all space taken out. The entire universe was but the size of a pin head. Yes, as incredulous as that might sound, the entire universe was only as large as a pin head. If you don't believe it, ask the physicists today. They will claim that the original size was so small that it is zero. Professor Hawkins will be able to prove this to you mathematically.

If we look at the universe from this perspective, everything and everyone you have ever come in contact with was this pin head size matter. You were everywhere inside the pin head, and so was everyone else. This includes god. God was the pin head, and god was everything not the pin head.

At that time, you were the pin head, but you were also me. You were also the sunshine in the sky and the rainbow above the clouds. You are the kiss that changed the universe and the face that launched a thousand ships. You were everything in the universe and everything that will be the universe. Except at that instant, you did not exist and "me" did not exist. Only we existed. Of course, we didn't call it "**we**" because "**we**" meant something plural. There was only I.

If it has been scientifically proven that we were once so close to each other, we *were* each other, why would we hurt each other? In another sense, hurt ourselves? Of course, we won't hurt each other, and we can't hurt each other. There is only I that I can hurt. Since I am god and perfect, I will have no reason to hurt myself. However, just look around you and you will realize that we are all hurting each other. So what happened?

I am jumping a head of *time* again because time doesn't exist and you already know why. I have already told you why, I am telling you why, and I have not told you why. This probably will not make sense to you right now. This is because most of you will probably not remember; because that *was* and *is* the plan. So I will remind you why.

After god created the physical world, god also created the spiritual world. Wait, or was it the other way around? Wow, it has been so long that even I don't remember.

Just kidding, I was making sure if you were paying attention. Since time did not exist, god must have created the physical world and the spiritual world at the same instant. And this same instant is now as you read this book. Confused? I really enjoy sounding cryptic but don't worry. It will all make sense in no time.

When god created the spiritual world, she created multiple, infinite copies of himself. Each one of them is god and together they are god. This is almost like putting an eye on your finger so you can look at yourself. God wanted to know who god is so god allowed parts of god to turn around and look at god. Beside observation, god also must experience. The goal was to use the infinite copies to individually experience the infinity

of what god knows. They are allowed to do anything they choose to experience everything they desire. You see, it is this feeling that god desire, the experience of what god knows. Like you have said, god already knows everything; god simply wants to experience it.

The only difference is the energy content. When god split herself, she is splitting her energy among god. Individually, they don't have the same amount of energy as the total. The great paradigm here is that the split of infinity is still infinity. So the split of god still has infinite energy. This concept is important because it reminds us that the split of god is no less perfect than the sum. Today we call these individual energy units spirits.

Obviously, there is an inherent problem. In order for god to experience something, god must go through the process of change. Something must be different. But this cannot be because god already is. You cannot become something when you are already that something. You cannot go through the process of change if you have already have changed.

There is nothing but god and therefore god cannot be compared. Without this comparison, no change can ever occur. You see, you cannot be high if low does not exist. If low does not exist, high all of the sudden becomes both high and low depending on your perspective. Do you see the inherent problem? By simply splitting god, it is not enough; they are still individually god so what good is that? God has no basis for comparison because there is nothing but god. Without this comparison, god cannot experience.

Wow, does this mean that there is something that even god cannot do? This question became the basis for Einstein's theory of relativity. Depending on your perspective, anything could be high or low. Anything could be left or right. Anything could be good or bad. Anything could be anything so there really is only one thing. This one thing which physicists call singularity is god.

The answer is no, there is nothing that god cannot do. God is a clever one and he figures out a way. God created relativity, the same relativity which Einstein discovered. It was the greatest gift that god gave herself. Thus, relativity is the greatest gift that god gave you; a reference point which you can define who you are. It is when you define who you are, you define what god is. From this, god knows that in order for love to exist, its opposite also must exist. Voluntarily, god created the opposite of love which is fear. At the moment that fear exists, love could exist as a thing that could be experienced.

It is within this great dichotomy, human created the concept of evilness. It is only an illusion that if left exists, right must exist, if high exists, low must exist, if good exists, bad must also exist, if god exists, the devil must also exist. This is only an illusion that's part of the plan for the change that god so much desired. If god is pure love, we cannot learn that we are pure love without knowing that we are not its opposite. It is only when we have felt evil that we realize that we are not evil. In god's world, nothing is good or bad; there is only god which encompasses everything.

Since the creation of this duality, human attempted to explain this duality through mythologies; the fall of Adam, the rebellion of Satan, etc. These mythologies are simply attempts to explain the cosmic occurrences which the soul is deeply aware, but the mind cannot conceive.

We even make up the concept of hell as opposed to heaven. We made elaborate stories about the battle of good and evil. We make stories about how some people will go to hell. The truth is that hell and devil only exists in our mind. We are god of our universe. If we choose for hell and devil to exist, hell and devil *will* exist. If we choose to go to hell, god will never interfere with your free will. Hell will be just as good, or as bad as you have imagined. Devil is the creation of the collective conscious. As a group, we have created the devil, as a group, devil will exist as a reality of our universe.

Hell is simply a place where you deny your identity. Your identity as god and pure love is the only truth that exists in the universe. If you choose not to be in the presence of love, you have the free will to choose to be without love. This sense of loveless is the worst hell itself. The only way you will end up in this hell is by denying the existence of god. Therefore, denying you own identity and the sense of love. A man once spent his entire life hating god. He went to heaven because he believed that god existed.

Here I go again diverging from the story. It is difficult to tell the story of god without diverging. Everything is just so related that everything is everything else.

So as the story goes, god created relativity so the individual spirits can see a difference between love and fear. Through experiencing these two elements the spirits will learn that they are god because they are not evil.

The next problem that god faced was the concept of time. As I have mentioned that time does not exist in god's world. But without time, how do you justify moving something from left to right, low to high, or even fear to love? Without this movement from one to another, the process and experience cannot occur. Even now that we have the theory of relativity, good will always stay good and bad will always stay bad. What good is that? What a big problem god had. Being perfect and everything means you are already anything.

But obviously god solved this problem because you are reading what I am writing, **right now, at the appointed time.** You are following the illusion of change. When you have finished reading this sentence, reading the last sentence will be just an illusion in your memory. You never read the previous sentence; you only *remember* that you have. Other people might also remember that you have, but it cannot be proven except in your memories. You may go back and re-read the previous sentence, but everything before now, you will remember. What you remember is all just a beautiful illusion. It is a magic trick that you and I and god decided what it seems to be a long time ago. Although it was not a long time ago, it is right now. Actually, it was literally *your* idea that you will be

reading this book at this exact moment, this sentence at this exact instant. You simply forgot because this is *your* plan. Nothing in god's world is an accident. Nothing in god's world is a paradigm. God can predict your future even though you have a free will. How? Be patient, I will remind to you the *plan* you told us.

Chapter 2

The illusion of change

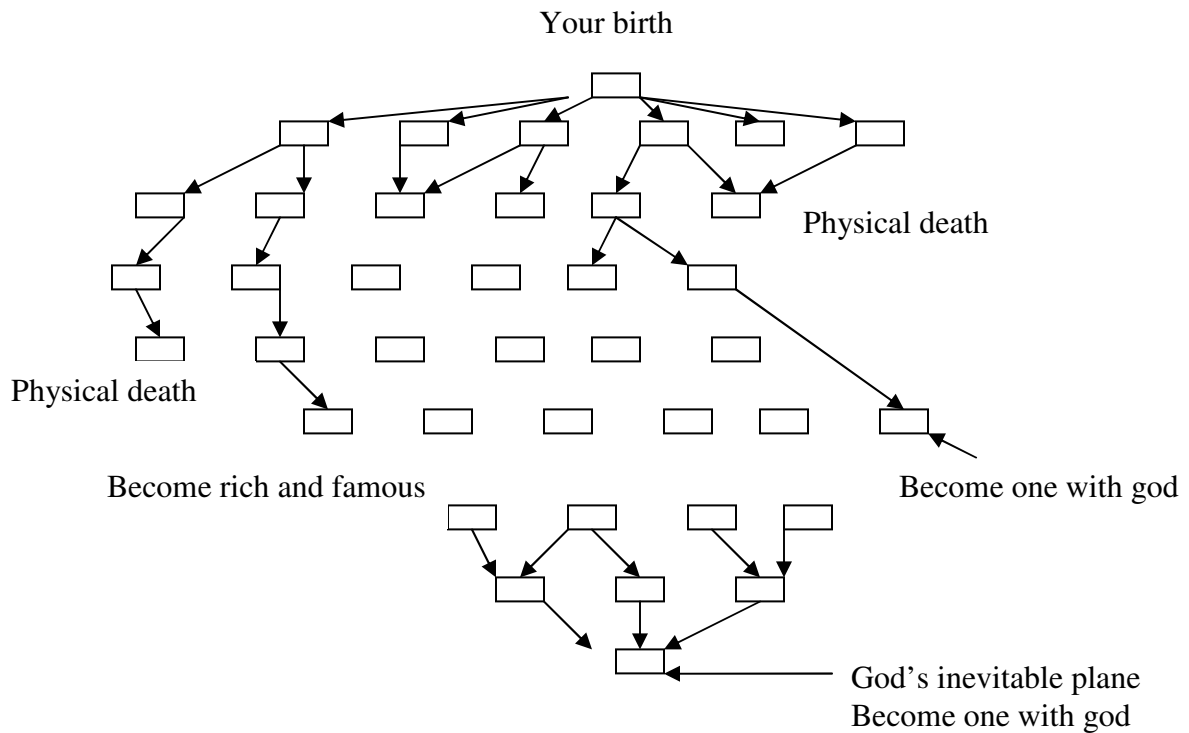
So as I was saying, god must somehow create the illusion that changes have occurred. Since god created relativity, good is good, and bad is bad. Ok is just ok and everything in between good and bad existed just as everything in between good and bad. God can go from one to another because god is already one and another. In the spirit world, which is god's world, experiences could be felt instantly. The concept of time cannot exist because everything is immediate. So it doesn't make much sense to create time in the spirit world. However, the illusion of time could be easily created in the physical world. How? You can create the illusion by moving the spirits from universes to universes that appears to be different.

God creates an infinite amount of universe with every one just a little different from the previous, which became the basis to all changes. Just to give you an idea on how many universes god created. If you rearrange all the atoms in the universe, you will have 2×10^{118} permutations. (You can check this number yourself) Now if you start adding the forever expanding space into the permutation, you will get a glimpse of god's awesome power.

If you do not have a mathematical background, all these might seem rather absurd. Actually, you might not have a clue as to what I am talking about. So I will explain this in several ways. Let's use the instant you wake up. Between the time you wake up and the time you open your eyes. You have traveled between infinite universes. You have not opened your eyes; you simply traveled from a universe with your eyes closed to a universe with your eyes open. In between opening your eyes, you have traveled through all the universes in between. Your free will decided which universe you travel next. God has already mapped out every path you will and can take. You simply make the decision.

This is why time is only an illusion to cause you to think that things have been changed. Nothing changed, everything already existed. Every combination of your future already exists but you decide which path you want to end up taking. This is why I keep saying you already knew everything. At this instant, there is a universe which you do already know. You are here right now. But you are also in your past and future simultaneously. There is a universe that you are eating, sleeping, making love, and killing innocent babies. Every combination, everything you could possibly be doing is already mapped out by god. You simply pick which path you want to take. This is the power of free will which god has given us. Without free will, there will only be one path, god's will. With free will god is not bounded. Do you see how beautiful this plan of yours was?

Just as an aside, although there are infinite paths, every path will eventually leads to god. Everything will eventually converge into one. Since god is such a large target, if you are aiming for god, you simply cannot miss forever.



Each box in the previous figure is an entire universe. The infinite combinations of your future are already mapped out before your feet. Your awareness simply jumps from one universe to another. As you can see that some paths you choose will lead you to death, while other ones will lead you to rich and fame. This is the matrix and you have created it. This is why people can predict your future yet you have a free choice. The prophets simply saw what will likely happen if the people and the society continue its current trend. They didn't see the future, they simply say what universe we will likely end up. The game of life is completely up to you, you control where you will end up. You even control where other people will end up. You are the god of your universe. There is only one exception. No matter what path you take and how many times you reincarnate, every path converges to one path. That is the path to god. This is god's plan.

At this point I must also point out a completely contradictory idea to what I just claimed. This is the beauty of the great dichotomy, apparent contradictory ideas can co-exist having both being true. After spending much time explaining that you have a free will to whatever universe you choose, I am now going to tell you that you *do not* have a free will and everything is really up to fate. Does this sound odd to you that you can simultaneous have and not have a free will? Even though you have a choice, it then becomes a question of probability. You have a free choice to leave your job, your family, and go search for the truth in the deep mountains of china. Even though you have a free choice, you are not likely going to choose that universe. Even though you have the choice for change, you are not likely to do so. Do you see how this works? If you have a million future universes where you live a normal life and one which you take over the world; you

are likely to end up living a normal life. As a matter of fact, most people end up living the path that has the highest probability.

This is a very useful tool for karmic reasons. If you had killed somebody in a previous life, you might feel the need to suffer the pain you have caused. So you set up a *probable* scenario where you will end up being killed in this life time. I definitely need to make it clear that nobody is making you do anything. You do not have to setup a life where you would be killed. You are not being punished; no body will ever punish you in the spirit world. Even after you have set up a life, you can choose away from the experience. The purpose of karma is not punitive; it is for you to experience. Anytime during your life, you can choose not to experience even the purpose of the current life. This is your free will.

Do you now see why everything is just an illusion? Do you see how time doesn't exist? Nothing is changing. We are simply looking at one universe at a time and pretend that the rest doesn't exist unless we already have visited them. Let us take for a second and presume that you somehow remembered that you are god. Since you are god, you are able to look down at every single universe of every person ever lived. You can see their past, present, and future all at one single glance. You can stick your finger into any one of the universe and people would think that a finger just popped out of thin air and disappeared. To be more creative, you can stick your finger into a couple minute worth of universes while shinny a flash light. So the people in the universe would think that a mysterious shinning finger just appeared. They will think it is a holy finger.

The point here is obvious. Now that you understand where god is in relation to us and our universe, god can do some pretty magical things easily. God can see and predict our future. God can see every movement, and every breath. This is not because of some mysterious supernatural power. God simply lives in a kingdom where performing miracles are rather easy. God lives in hyperspace.

Chapter 3

Hyperspace and Parallel Universes

The concept of having infinite parallel universes is not a new idea even for scientists. Many scientists in the past have conjectured the possibility of living in a multiple dimensional universe. Even science fiction novels talk about the possibilities of traveling between universes with wormholes.

Theories regarding to multiple universes were proposed from time to time, however, the idea never made into the popular science. The reasons were obvious; the concept of multiple universes cannot be tested. How are you going to see the tenth dimension? It's not like we can just take a field trip and have a picnic in a parallel universe. Therefore, it cannot be proven true or false. If a theory cannot be proven true or false, the theory is considered useless in the scientific community.

Most scientists at the time inevitably concluded that dimensions beyond what we see don't exist. Unfortunately, this logical but false conclusion is the biggest stumbling block for us. By making this conclusion, we are assuming that we can see everything when in fact this is false. Our world is only known to use by our sensors. We can see because of our eyes, hear because of our ears, smell because of our nose, and feel because of our touch. But we cannot see everything. Out of the entire electromagnetic spectrum, we can only see the visible light. We cannot see infrared, radio wave, x rays, and everything else outside of visible light. Although we have proven their existence, we cannot see them. So if you were to talk to people a thousand year ago about x ray, they would simply laugh at the absurdity of the topic. This same concept goes with smell and hearing as well. We all know that dogs have much better smelling and hearing capability. There is an entire world where our bodies cannot sense, and therefore is completely unknown to us.

How the scientific community finally came to the realization of higher dimension and multiple universes is a long story. But I will tell it briefly starting with Columbus. Yes, I want to start with Columbus because he is the person that convinced the world that the earth is not flat. Before Columbus, people believed that they lived in a two dimension world. A flat earth is a two dimensional world because we can only go in two directions. We can go along the x axis and the y axis.

If we had lived in a small tunnel, we would have lived in a one dimensional world because we only had one direction to go, **straight**. So I guess in a way the cavemen lived in a one dimensional world. When the first cavewoman left the cave and saw the world, that cavewomen probably became the Columbus of that time. She must have had a heaven of a story to tell his friends all the things she saw. Instead of going only straight, the cavewoman would have excitedly explained the concept of turning left and right. At

this time, the other caveman would gasp at the thought of turning left instead of going straight. Not only would the people turn left and right, the caves themselves could also turn left and right. At this time, the biggest mystery among the cavemen was the concept of moving walls. At very mysterious areas, the cavemen would go straight, but one side of the wall would get closer and closer to the walking cavemen while the other side gets further. The elder cavemen at the time would explain that the walls are magical and would move when trespasser go by. Many other elders would explain that the walls are attracting the walking cavemen so they are actually walking closer and closer without realizing it. The cavewomen at this time would say that the reason is because *the cave is turning*. When the cave turns, you are going to run into the cave if you keep going straight. It is not a magical moving wall the cavewoman would proclaim.

This cavewomen by the way is very similar to mathematicians today that talks about the bending of light and space as well as infinite universe. The cavewomen realized that what appeared to be magical was a simple question of geometry. The cave bends and you hit the cave. The cavewomen would have realized that the cave was not the world, but inside another world that had many other caves. This magical wall can be compared to our gravity today. Our gravity today is not caused by some magical attraction. There is no attraction at all; the space is simply bending towards the earth. You see, we are all going straight like the cavemen in the story. Except for us, we are going straight in time. Like the cavemen that are restricted by the path of the cave. We are restricted by the path of time. Because we are going straight in time, when we jump we will eventually hit the earth just like how the cavemen hit the wall. The key point to take here is that many unexplainable phenomenon we experience everyday only appears to be magical because we assume that our world is only three dimensional. If we realize that we simply lived in a higher dimension, everything could be explained. This includes scientific and mythical phenomena. Many laws of the nature could be explained and unified with simple equations. Many paranormal phenomena could be explained by the fact that they exist in a different dimensions.

Understanding this concept, do you see how our world is just like a cave? We think our entire world is the cave, but the reality is that our cave is only one among many. Our universe is only one single universe among many just as well. We are going through the illusion of time because we are jumping from one universe to another. Our soul already plotted out all the universes that we could go; our mind is deciding where we go next. At this very moment, your mind is deciding where you want to be. Your mind is deciding who you want to be. Your mind is deciding which universe you want to end up next. Your mind is deciding everything. This is the power of our mind. We think that we are living in one universe, but we are actually constantly traveling between infinite universes. Like the cavemen, we simply don't realize that there are other caves outside of theirs.

So if I return the story back to Columbus, he changed our perception of the world forever. But it was not until a hundred year later that Newton actually defined the three dimensional space with his laws of physics. After Newton's physics, the scientific community actually claimed that the study of science has ended! After Newton, the world

was really convinced that the world consists of only three dimensions. This was a mix blessing. It was a blessing because people realized that they don't live in a two dimensional world. It was a curse simultaneously because people were really convinced that the world is three dimensional. Once people's minds were sent, other scientists that proposed high dimensional theories were ridiculed upon.

People didn't take higher dimension seriously because "you can't see it." After Columbus and Newton, people realized that we are living in a three dimensional world. It was a simple fact to accept because every body can picture going up and down as the third dimension. Although people cannot just levitate up or down, there were other means to get above other people. Birds can move in the three dimensional world freely. All these are easily acceptable. But any dimension is impossible to be observed. This is why it took a while before some body else was brave enough to propose a higher dimension world with backups.

His name is Riemann. Many of us would recognize his name from our calculus class. The Riemann sum that formed that basis of integrals was named after him.

(Talk about Rieman and higher dimensional math here)

Fortunately, the scientific community is finally accepting the idea of multiple dimension universe with the birth of string theory.

Understanding that there are infinite parallel universes will allow us to solve many of the greatest mysteries in the world. It also allows us to begin to understand how time travel is possible by god. We can travel to the future or the past simply by jumping from one universe to another.

In order for you to understand higher dimensional space that

The idea of the infinite universes is the matrix that everybody suspected. God created the matrix and we go through the matrix from state to state. To be a little bit more mathematical, we are in an infinite matrix of universes. The transitional matrix is the law of free will and cause and effect. The world we perceive is simply a Markov's chain going from state to state. By saying this, I have probably just lost the majority of the readers. So I will now remind you the matrix which *you* and god created.

This is a state vector which could also be a matrix.

$$\begin{bmatrix} A \\ B \\ C \end{bmatrix}$$

This is called a state vector because it describes your current state, your universe, what is happening to you right now. Of course this is a very grossly simplified version. Your state is probably described by a complicated infinite matrix but we will use the vector for demonstration purpose.

This is a transitional matrix which moves you from one state to another.

$$\begin{bmatrix} 0 & 1 & 0 \\ 1 & 0 & 0 \\ 0 & 0 & 1 \end{bmatrix}$$

When you multiply the state to the transitional matrix, you go to a different state.

$$\begin{bmatrix} B \\ A \\ C \end{bmatrix} = \begin{bmatrix} 0 & 1 & 0 \\ 1 & 0 & 0 \\ 0 & 0 & 1 \end{bmatrix} \begin{bmatrix} A \\ B \\ C \end{bmatrix}$$

The way you multiply two matrices together is by multiplying the column of the state vector by the rows of the transitional matrix. The equal is solved like such:

$$B = 0*A + 1*B + 0*C$$

$$A = 1*A + 0*B + 0*C$$

$$C = 0*A + 0*B + 1*C$$

This is how you go from one universe to another. You were originally in the universe called ABC, but you end up in the universe called BAC after the transition.

The reason why I have chosen ABC is completely arbitrary, I could have chosen XYZ and it would have meant the same. The important aspect is the meaning attached to the symbol. For the sake of our example let's just randomly assign ABC to different events that could happen to you.

ABC	=	you wake up
BAC	=	you eat
BCA	=	you made love
ACB	=	you fell down the stairs
CAB	=	you won money
CBA	=	you went to the bathroom

So if we start from ABC, which is the moment you wake up, you would end up in BAC after one transition using the matrix above. After a transition, depending on your will, your transition matrix would change and you would go into another state.

$$\begin{bmatrix} B \\ C \\ A \end{bmatrix} = \begin{bmatrix} 1 & 0 & 0 \\ 0 & 0 & 1 \\ 0 & 1 & 0 \end{bmatrix} \begin{bmatrix} B \\ A \\ C \end{bmatrix}$$

According to this transitional sequence, you made love after you woke up and ate. (Check the math above) Each moment you live is a different universe. At each moment you decide which universe you want to go next. Then the entire universe moves with you. The transitional matrix is the deciding factor that moves you from one universe to another. You decide on the matrix you want to use as you go through the matrix, although every combination of your future is already plotted. This is the key to *free will*, you choose, you choose, you choose. It was *you* who thought up this grand idea and give us the gift of free will. It was *you* that presented this idea to god. It was *you* that's behind the entire grand plan. Of course, only you existed and I am you. Since you and I were one, it is I that decided the future for the human race even before the existence of human.

If this is not shocking enough to find out that you are the creator of the universe, there is more. Everything that has ever happened to you was your plan. Even before you were born, every single event was decided by you. You as one of the individual spirit god split into. Since we have split from god, you begin to decide what you choose to experience, and I begin to decide for the same thing. Every spirit chooses to experience what would help them to realize who they are. You choose who your parents will be, as well as all the events in your life. Even things that you don't seem to have control over, it was your decision that it will happen. There are no accidents in the universe, god has created everything perfectly.

Next time you want to tell your parents that it wasn't your choice to be born, it was.

This is when things get tricky. Although you have the plans decided before you were born, you do not stop making decisions after you are born. You can choose not to experience a specific path any time.

I understand that this point will be extremely difficult to accept. Why would any spirit *choose* to suffer through what you have suffered? Why would you *choose* to be with your parents if you had a choice? Why would you have so many bad things happen? Why wouldn't you just make yourself rich, or the king?

The answers are very simple. *You* have been a king in the past. You simply got bored with it. Since you still don't remember the plan, I must hold you back and continue with the story.

Chapter 4

What decides your future?

Before I go on, there is another very important concept to understand. Although events will be predetermined, your reaction at the moment is completely up to you. It is this reaction that decides which universe you want to head next. For example, you walked by someone you really like and waved hello. The person looked at you for a brief moment and kept walking without acknowledging you. How would you react?

This is a perfect scenario that could send you into two completely different universes. Let's say you decided to judge that the other was rude. From this judgment you concluded that the other was not worth liking. As a result the other person ceases to exist in your future universes.

Let's look at another scenario. Instead of getting angry, you judged that something must have been on her mind. The next time you see the other person, instead of ignoring the person completely; you walk up and ask why they didn't say anything last time. As it turned out, the other person simply didn't have their glasses on and was not sure if you were waving. They kept walking because they were embarrassed that they could not see. None of which had anything to do with you. After talking for some time, you end up marrying the person. How different a universe did you end up in?

The way you judge the current situation is all there is to the secret of success in life. You did not set up your entire matrix to go to hell. If you end up in hell, you have end up there under your own volition. Nobody, not even god will ever force you to hell unless you believe that's where you belong.

So how do you always make the correct judgment if this is so important in life? I will remind you how the masters in the past have done it. Though I am reminding you how this is done, please do not consider me a master. I personally have failed to do so my entire life. It is as easy as when you decide that you choose to be a master and as hard as you choosing not to. The secret to always make the correct judgment is to **never make any judgments**.

Jesus is the most famous example that has mastered this concept. Even when Jesus faced crucifixion, he never once judged his prosecutor. Jesus loved his executioners because Jesus remembered who they really are, god. Could Jesus have stopped the prosecution at will? Yes, he could have. Jesus knew what lies before him, and had the choice for another path. He welcomed the suffering not as suffering, but as an opportunity to learn who he really is.

A long time ago, there was a little soul that wanted to experience everything that god is. The little soul was always so excited, always looking for ways to experience faster,

and experience more. Seeing how excited the little soul was, god asked the little soul what he wanted to experience the most. So the little soul thought and thought, and decided that he wanted to experience forgiveness. But as the little soul looked around him, he realized that every soul around him is as perfect as himself. There is no way that the little soul could ever experience forgiveness if no soul will ever harm him. So the little soul looked down in disappointment not knowing how to experience forgiveness. At this moment, other souls started to gather around the little soul. The souls told the little soul that they will do something in the next life time for the little soul to forgive. The little soul asked why the souls so perfect would act so imperfect for him. The answer is love. The souls loved the little soul and would do anything for the little soul. Remember, without the opposite for forgiveness, the feeling of forgiveness can never be felt. There is only one thing I ask of you my little soul. So the little soul replied that he would do anything to thank the souls. The souls replied. "When I smite thee, and crucify thee, please remember who I really am."

So why do we judge everything? We have been taught at young age that certain things are good and others bad. Religion gave us commandments for what's "*good*" to follow. The government gave us laws so we know what is just. The society enforces rules so you know what is proper. Your parents especially demands obligation so you must obey. All these rules and laws that you have learned in your entire life form your value system. It is from this value system that you decide what is good and what is bad. You use this value system to judge what you see. This *is* the illusion you have been living under your entire physical life.

Your value system is precisely the one single factor that is preventing you from enlightenment. In truth, nothing is ever good or bad. Your perception is only an illusion formed by what you were taught for every rule will have exceptions. Once upon a time, all the religious figures condemned one single man for heresy. They crucified him and he became Jesus. People at that time perceived their own religion as the one and only true religion. Look around you; has our world changed much since then?

. Many parts of the bible were left out of the final release. Why was that? If the words of god are so true, why would the power behind church at that time hide them?

The leaders back then did not crucify Jesus because he was acting crazy or offending god. The leaders crucified Jesus because they were afraid to lose power. The leaders today will do the same to you if you were to choose the enlightenment of Jesus. If it is the case, is ignorance bliss? Would you rather be blind and follow what you have been told without questioning, or would you rather be called crazy and be crucified on a cross?

Even if you try to perceive the world differently, people will call you names, stay away from you, and judge you. Yes, people will judge you just like how you judge them. Don't you see that this act of judgment is the core problem of our society? The Columbine massacre did not occur because everybody was getting along. When they brought the gun to school and blew up the bombs, their heart was filled with hatred.

People have beaten them up, and called them freaks. People judged them for being different and placed their judgment into verbal and physical actions. If you are familiar with the incident, your moral values will probably call them monsters. In fact they are not. They are simply the product of our society judging them. If the others had simply let them be, the killers would have no reason to hate anyone. I am not blaming the victims for the abuse they have caused. I am not saying that the victims deserved death for what they have done. I am simply stating the truth. When you judge others, you place judgment upon yourself.

Like most people, you are probably picking the middle ground. Making some judgments and leaving some along. Have you ever stop and listen to the adjectives you use everyday? Something will make you happy. Something will make you angry. Something will make you frustrated. Something will make you sad. You are not only judging people, you are constantly judging what is happening to you. By analyzing the event, you attribute it to a certain emotion. Most of us have been doing this for so long, we do it subconsciously. (Pavlov's dog)

Asking some questions that you are allowed to ask and ignoring the rest like a good citizen. How many people spent their weekend thinking about the meaning of life? How many people would want to spend their free time to question every one of their perceptions? Have you even wondered why certain thing you perceive as good? Is it because your mom said so when you were young? Is it because that's simply the law? Is it because it is on TV? Is it because you would go to hell if you don't follow it? Be honest to yourself and question why you feel the way you do on certain subject matters. Most of you will realize that you don't know why you feel a certain way, you just do.

You learned at a young age not to question. So you accepted what you were told. After all these teaching came from sources you trusted, your parents, your church leader, your teacher, and your government. You learn to judge good and bad from the rules the surrounding have given you. But what are these rules? How do I discern them? Since this is such an important concept, we should probably do an exercise together. Let's pick a very important question.

Why should you not kill?

This is not only an important, but a very interesting question. If you follow my logic, we will realize that "you should not kill somebody" is a wrong statement. The conclusion is that people simply have no reason to kill each other, but due to what the society and religion have taught us, we kill.

Why should you not kill?

Because it is the law

Why did the law make it this way?

Because there will be chaos, everybody will be killing everybody

So why would you kill somebody?

Because I hate the person

Why would you hate somebody?
Because they have hurt me
Why would you want to hate them or even kill if they hurt you?
To get even
Why would you want to get even?
So justice is served.
Why does it matter that justice is served?
So it is fair.

Do you notice that the last 3 reasons are exactly the same reason with different words? Getting even is the same as having justice served and being fair. You could have switched them in any sequence and it would not have mattered. The idea is simple; you are trying to get even. This is the exact underlying assumption that controls your reaction. You perceived that someone has done something wrong, and deserves punishment. Who in the world taught you this crazy idea that people should be punished?

Are you getting defensive? Yes, I am calling the reward and punishment system stupid and crazy. Yes, I am judging you for your values. Yes, I am attacking how you were taught. How does this make you feel? Why do you feel this way? What is it that's inside your heart that wants to say something? Close the book and say it. Say it to me.

No. I am not attacking your value system. I simply want to point out that if people don't believe in punishment; people cannot use this line of reasoning to kill or even hurt somebody. As a matter of fact, a lot of the pain in this world will instantly go away. Who would ever thought that a question like "Why should you not kill?" would lead to the conclusion that the killers should not be punished.

I am definitely not proposing anarchy for our government. The human civilization is way too primitive for us to self govern. We have too much hatred, too much pride, and too much greed. Our value system has been distorted for so long, we have been brain washed for so long we will probably kill each other really quickly. This is why the government uses fear to control the citizens. If you don't follow the rules, we will throw you in jail, put you on electric chair, and burn you at stake. Wow, all of the sudden people will listen. Using fear to control people works like a wonder drug.

Religion uses the same technique to control us. If you don't accept Jesus as our savior, you will go to hell and burn for eternity. Ask your heart what is wrong with this concept? Please don't quote what you have learned in the church, or the bible. Most of the writers for the bible never even met Jesus. Don't even reason it with your mind. Your mind is brain washed. Just ask your heart how you feel about this statement. Take your time to *feel*; is this a statement of love or fear?

If you feel that I am attacking Christianity, it is you that have perceived to conclude so. Because of your value system, you were taught to think this way. Do not judge what I have said with your values. You already know that my statements are observable. Jesus was a true master of the enlightened. But Christianity today has

distorted so much of Jesus' teaching that it has lost much of its meaning. We'll discuss more on Jesus later.

Keep asking question and find out the root cause of your actions. You will quickly realize that many of them really don't make sense. They are normally dominated by the thought of fear. What are you afraid of? In the previous example, punishment must exist because people are afraid that the others will never stop without punishment. Punishment must exist because people are afraid of each other.

Before we get too passionate over the subject, let me get back to the point. You were taught that punishment is necessary by virtually everybody. The law of punishment is the first law that society brainwash you with. You grew up in a world where everybody punished you. Your parent punished you for not cleaning your room. Your peers punished you for being different, weird, and not cool. Your government punished you for driving too fast. You are virtually punished anytime you act out of norm. How do you not get brain washed into this system?

Yet, do you see that it is precisely this system we use to hurt others and punish ourselves. Do you not see that the cycle will never end? Violence and hatred will only beget more violence and hatred. After the event of September eleven, United States launched an attack on terrorism. United States attacked Afghanistan and Iraq. We have killed a lot of terrorists, along the way; we have killed much more innocent bystanders. There are thousands of fathers with their children killed in our bombing. There are husbands with dead wives. There are wives with their husband killed. These people have nothing left besides hatred in their heart for United States. Ask your heart for the answer. Can violence ever end violence? Can punishment ever end injustice? We have followed our values for justice. Where has it gotten us after these many thousand years?

Let's ask this question again.

Why would you kill?

Because I can show that I am more powerful

Why would you want to be more powerful over somebody you kill?

Because they might kill me if I don't kill them

Notice how this is a statement of fear. This is what has happened to United States after September eleven. During the presidential election of 2004, homeland security was the number 1 issue. How is the president going to protect our country from terror? Terror was what dominated people's mind, the topic dominated the campaign. United States was a nation under the iron curtain of fear. Fear can make a person act illogically. When an entire nation is controlled by fear, great damage will ensue.

Why would you kill?

Because I can gain benefit from killing

Why would you want the benefits?

So I can get what I want.

What do you want?
A lot of things that money can buy
Such as?
Woman, nice house, nice car, power
Why do you want them?
Because they make me happy
So are you not happy when you don't have woman, nice house, nice car and power?

By questioning yourself, you can raise the deepest core values you have. Are you afraid that you won't be happy if you don't get what you want? Not getting what you want being linked with happiness is a core value here. Examine these core values, because all your sufferings are derived from them. Ask and it will be given to you; seek and you shall find. The answer is already within you because you and the father are one.

We started this discussion because we delved into the concept of judgment. What is good can always be bad from a different perspective. What is bad can also be good. Suicide in Christianity would be considered as a sure way to hell. What if it were some parents that traded their lives in to save their children? Are the parents going to hell too?

The truth is simple; judge not because they are always wrong. No matter how evil a person might seem. No matter how many times they have wronged the world. God's love is unconditional. God's forgiveness is unlimited. There are no exceptions to this rule. God will never judge or punish you. Only you will punish yourself because you believe you deserve it.

Have you ever wonder how Christianity teaches that god's forgiveness is unlimited. Yet even though god's forgiveness is unbounded, they spent the majority of their time teaching you about god's punishments. If you believe that your god is so weak that he must use fear and punishment to control human, you are imagining a much lesser god. If you are picturing a god that gets upset if somebody breaks the 10 commandment, you are picturing a lesser god. If you think god is going to abandon you due to what you have done wrong, you are picturing a lesser god.

If not even god judges you, why do you judge yourself so much? Why do you call yourself, fat, ugly, stupid, old, worthless, and cause yourself to have a low self-esteem. Why do you call others fat, ugly, stupid, and worthless? Why do you do this especially when that's not what god sees at all. God sees every one of us as perfect, his creation, and her children. God sees you as perfect the way you are. This is unconditional love. If god only loves you because you follow the rules, the love will cease to be unconditional; and you will be imagining a lesser god.

We are souls that remember how we got to our current state of being. What we have done in the past cannot be changes. Even if you travel back in time and change what has happened. Your memories will not be erased because you still came from the same universes. You simply changed the decision of yourself in a separate universe. And the

person in that separate universe is not you because they would have experience different feelings and became a different person. You cannot erase your experiences because this experience is precisely what god wants. This experience is the entire purpose of the plan.

Even though we cannot control our past, our judgment of the current situation will determine our future. Fortunately it is not our judgment that will lead us to paradise. It is the absence of judgment that will bring us enlightenment. Let go the shackle of assumptions and the truth shall set you free.

Do you not see that this *is* the great dichotomy which *you* invented? Remember that there was only god in the beginning? You created relativity so that it was possible to experience the sensation of moving from one to another. The divine dichotomy you use to call it was the single greatest gift to god. The polarity of the two sides causes the precise sensation of tension that we need in this universe.

Some where along the way, we followed the dichotomy so strongly that we forgot that it was only an illusion used to recognize one from another. We forgot the reason for relativity and started creating polarity among everything. We created our own god as the opposite of devil. We created judgment among our peers. We created the sensation of fear and learned that pure love is the absence of fear. I thank you for the greatest gift you have given the universe. I remind you that it is only an illusion you *yourself* created.

Religion crucified a man a long time ago. He became Jesus. A colony fought back against the laws of the government and they became the United State. A boy once known to be awkward in social settings became Bill Gates. A man was once responsible for the killing of millions of Jews. Hitler went to heaven. You don't have to follow any rules because they are all illusions. Many things in life might seem like contradictions but they are not. You can have a world full of uncertainties and still say that god doesn't play with dies. Once you have been enlightened, you will realize that there is only one single truth. The dichotomy of relativity will break down, and everything will converge into one. That oneness is you.

Chapter 5

The road to imperfection

Relativity was created so that one could be distinguished from another. The multiple universes were created so that the process of change is possible. Everything was done deliberately in perfection and designed by *you*, my holy friend.

Yet the work of creation is not over. There is still one obstacle; the greatest obstacle of them all. God has divided himself into infinite amount of individual energy units. The purpose of these energy units is to experience the sensation of god. The energy units we call spirits can experience god in the spirit world as well as the physical world. This is the point where we hit the obstacle. The spirits placed within the physical bodies already knew that they are god. The spirits knew that their future is decided by their judgment of their current state. The spirits remember how everything works because they were the creators of the system. They remember that they are individually god and together god. If god is everything, god cannot change from one to another. Although the spirits are in the physical form moving from state to state. They knew that the apparent changes are only illusion of the matrix.

Since the spirits remembered the illusion, they lived their lives in perfection. In the bible, this is similar to the time before Eve had eaten the apple. Although god had given the spirits free will to choose their future. Every spirit choose god because they remembered they are god. If only one path could be chosen, the divine dichotomy would break down and free will cease to exist. Without the option of multiple paths, free will cannot exist. Without the existence of free will, the entire plan comes to a halt.

The individual spirits are perfect, and therefore god. Since they are god, they are what they will be. They cannot move from one to another because they remember that they *are* one and another. The original paradigm that god faced has returned.

How can god experience what god already knew? How can god desire what god does not desire? How can god act ungodly if nothing god can do is ungodly?

The divine dichotomy and the creation of the multi-universe cannot avail to solve this obstacle. There is nothing that god could learn if god already remembered. So god did the only thing god could do. God had a meeting with all the spirits. I still remember that moment, I wore a nice suit and you had a beautiful dress. Together, the spirits decided to simply forget that we are god.

We forgot the beautiful dichotomy of contradictions we invented. We forgot that we are god and consciousness connected as one. To make the matter more interesting, god gave us free will; the choice to act evil, the choice to hate, and the choice to be ungodly.

Now that I have reminded you the truth, does it matter? Does it matter that a tree falls if no one is in the forest? I have told you nothing new; your soul already held the truth. Although you have forgotten, the truth is the only constant that will never change. Since the truth will never change, you will encounter it until you decide to acknowledge it. If you refused to believe that the earth is round, would it turn flat? If you choose that god does not exist, will god disappear? If you choose not to hear the truth, will it turn into a lie?

Illusions will only be true in your universe because you are the creator. But slowly illusions will fade because contradictions will arise. The contradictions will cause you to suffer, cause you to stir. You will seek for a new truth again. One way or another, the truth will be heard. It is then that the truth shall set you free.

People are afraid of facing the truth they already know because it requires that they change what is not true. What if I tell you that we can stop world hunger at this moment? We simply have to take the trillions of dollars we spent on weapons and convert them into food.

What if I tell you that the entire planet must unite to form a better future for our children? Will the leaders of the world give up their power and join into world peace?

What if I tell you that you should leave your job because you are meant to accomplish something much greater? Will you quit your job tomorrow?

Listening to the truth means that you must act upon the truth. Are you ready to listen?

It is the most difficult task to listen to the truth because fear holds us back. As I write these words, I have a job which I am afraid to leave. I am afraid that the truth my heart is telling me is wrong. I am afraid that people will think I'm crazy. I am afraid to be judged by people, by my parents, by my peers. I am afraid that I will be crucified. I am afraid that what I say might all be wrong, though my heart has never spoken so clearly. I am just as afraid as all of you.

I keep telling myself that one day I will save enough money, finish my obligations, and learn from all my mistakes. I am delaying the truth just like the majority of the people. When is it time for me to listen? It is up to no one but me.

When is it time for you to listen?

It is up to no one but you.

I have forgotten that I am perfect. Now that I remember, I don't believe my heart. But wasn't this the plan? This is the divine dichotomy which we devised. I now see the steps I must take but I stand still. Are you standing still with me? Or are you moving ahead of me? My brother, my sister, no matter how much fear we have, remember that this *is* the plan. This is our plan.

This constant change is the purpose of life. Without chaos, no experiences can occur. Without free will, god cannot change. No matter what we do, every path will eventually lead to god. Yet I am standing still and so are you. Tell me when you are ready, maybe we can go together.

Two brothers stand next to each other staring at the swimming pool. They yearned to be one with the water but the water is cold. They looked at each other for a long time trying to convince one to go ahead of another. In the end, they count to three, held their nose, and cannonball into the water.

Chapter 6

The path of anguish

Why is there so much suffering in the world? In the simplest answer, it is because we have forgotten who we are. Although this statement might seem simple and intuitive, it has a very profound implication. It is because we have forgotten who we are, we *choose* to suffer.

It is very difficult to accept this concept at first, but this is ultimately the truth. Let me first explain to you how the human brain works. Then I will explain the goal of our soul. Why would our soul set up scenarios where we suffer?

The human brain is nothing but a network that assigns signals to emotions. Once the emotions are assigned, reactions follow. When you see a car coming at you, you jump out of the way. This may seem like a very natural auto-response. In reality, there is an enormous amount of process that occurring in between. When you see a car, you first map the mental image of a car as well as all their functional attributes to your brain. By observing the displacement is space, you realize that the car is moving towards you. From this observation, you conclude that the car will hit you. At this moment you move beyond observation and *judged* that being hit is a negative phenomenon. You jump out of the way as a solution to prevent your negative outcome. It is precisely in this act of judgment where all suffering is derived from.

Right now, you might be thinking that if you didn't jump out of the way, you would have been hit. This is a true statement but if we carefully examine this statement, you would see the underlying assumption. It is a *fact* that you will get hit by a car, but it is a *judgment* that getting hit is a negative experience. It is because of this judgment that you will suffer if you were hit by a car. You might wonder how getting hit by a car could be a good thing, but *anything* could be good or bad. What if the car stopped right before hitting you and you end up marrying the driver. What if you end up with a couple of broken bones and a couple of million dollars in insurance money? What if you are guaranteed to go to heaven if you were struck by a car? Would any of these reasons change your mind so that you call this event a *good* event?

I am definitely not encouraging everybody to get hit by a car. I am simply pointing out that nothing is good or bad because everything is both good and bad depending on of you view the situation. It is because of this idea that everything simply *is*.

This concept includes physical pain. If you were struck by some one, you will sense pain. However it is up to you to assign pain as a negative experience event. The true masters are capable of loving their executioner is because they do not assign pain as

a negative experience. As soon as you attribute the experience to an adjective you create the sensation you feel because you are the master of your universe.

In psychology this concept is the basis of the well known attribution theory. Others psychologists might also call it Excitation transfer or the two-factor theory. When aroused, you label (judge) the source of your arousal, and this labeling leads to the perception of a certain emotion (fear, love, anger, happiness) If a male or female is aroused in the presence of another person of the opposite sex, they attribute their arousal to that person, and they interpret their arousal as passion.

One famous experiment was done to demonstrate how people attribute love from the current stimulus.(Dutton & Aron 1974) The experiment had male subjects come into the lab supposedly to participate in a learning experiment. Before the experiment, all the men were introduced to a relatively attractive female. Half of the male were told that the experiment involved a rather painful electric shock while the other half were kept as the control variable. All of the male were then asked to fill out a brief questionnaire about how they would like to kiss and date the female introduced in the beginning of the experiment. The subjects aroused by the impending electric shock expressed a greater attraction towards the female.

This is a perfect experiment which demonstrated that we often sense a stimulus and judge it to a particular feeling. Half of the male met the same female, yet they expressed more of a desire towards her. The half of the men was given an emotional stimulus which was the fear of getting a very painful electric shock. When they started taking the questionnaire, the experiment forced the subject to immediately move their attention from the fear to the thought of kissing and dating the female. This causes a transfer of feeling which they attribute the stimulus to the feeling of love. The other half of the men was told nothing and expressed a substantial less interest.

After the first experiment they proceed to conduct a more realistic test. This time, they had the female approach men on a pedestrian bridge and asked them to help filling out a survey. After the men helped with the survey, the female gave the men her phone number and asked them to call her if they had any questions about the survey. When the bridge was a swaying, 450 ft. Suspension bridge, men were much more likely to call than men approached on a sturdy concrete bridge. As another controlled experiment, they had a male interviewer instead to approach men on the suspension bridge. In that instance, very few men called back

You can read the actual report from this website:

<http://arts.uwaterloo.ca/PSYC/bee/courses/Psych291/Dutton&Aron.pdf>

Have you watch movie and see the main characters fall in love after an exciting adventure? This is no accident; they simply attributed all the excitement into passion. When you bring a date to an exciting first day, they are more likely to fall in love with you versus a boring date.

I am not proposing that you should trick you date into falling in love. You are not being you. Because of this fact, it will eventually catch up and make you miserable. The reason why I have pointed out how human brain works is because this concept works with suffering as well. You sense a stimulus and attribute the feeling as suffering. As soon as you do that, suffering becomes as real as you choose to be.

This act of attribution has been experimented over and over again in psychology. It is from this that some people form the basis of deception and human control with this knowledge. This technique has been used so many times in public propaganda that its repeatability is unquestionable. First you stimulate a feeling. Then you tell the individual how to feel about the situation. After this is repeated many times, people's subconscious is constrained to hold it as the truth. In America and around the world, this is called the media. The television, the radio, the newspaper, and the magazines all have the power to mold the mind to their liking.

How many people on TV are real role models? Sex, drugs and rock and roll is often expected of the celebrities. Yet since the media only portrays their best, people are training to become what they do is cool, hip, and desirable. When in reality, many of them are the last of what we really want to be.

If you simply observe the shopping malls of America during Christmas, you will realize that much of America has been brainwashed by the media. Christmas is the birthday of Jesus but somehow it became the day of receiving presents. It became the day where you get mad if you don't get what you want; the season where the stores make more money. Giving presents is no longer about giving, but about receiving in return, about not being called a scrooge, about not pissing your wife off. Christmas has become a day of obligation because our culture taught us so. And our culture enforces this upon us even if we know that some aspects are wrong.

Many people will get offended by these statements. I mean no attack but offer a simple observation. Consider this question, if you really show your appreciation every moment of your life, why does it matter which day you show it? If your heart is always filled with a sense of giving, what does it matter what you give? Do you really have to give your kids exactly what they want to show the meaning of giving? Or are you simply trying to fulfill their unlimited desires?

Does it make sense that you would treat your spouse especially well for **one** day when you could treat them this well **everyday**? If we treat the people we love with the most love we can everyday, is it possible to treat them better any other day?

No, if you can love them more one particular day, it means that you do not love them the most you can every day. Unfortunately, we get lazy and we do not treat the people we love with appreciation everyday. This gives the store an excuse to enforce the concept of "*giving*" upon the society. The reason why Christmas is the way it is today is because the American stores need a reason for people to spend money. The reason why

Santa Clause is so popular is because Coca Cola said so. So the big companies of America seized every opportunity to convince people that *giving* is an obligation. Because of this sense of obligation, the sense of giving is instantly lost.

Why do we need to give presents during Christmas?

Because it is a time of giving

Why is it a time of giving?

Because that is the point of Christmas

Who taught you that?

Once people get brainwashed by the media, they often fall into the trap of a circular argument and assume that all reasons are justified. Christmas is a time of giving because that is the point of Christmas. Notice how this statement proves nothing.

Next time you go shopping for a present, ask yourself this question. Are you giving the presents out of the sense of obligation or love? If it is not love, your actions are being controlled by the media. Your judgments are blurred by the messages you have been listening. Are you the puppet of the society? Or are you acting on behalf of *you*? You will be the ultimate judge on that.

It seems that no matter what topic we discuss we can never leave the subject of judgment. The reason why the concept of judgment is so interlaced within our world is because it is the first law of our system. The day you stop the judgment of the world is the day you leave the matrix and become a member of the enlightened.

*The reason why we suffer is because we **judge** the experiences we have as negative.*

Judge not, that ye be not judged. For with what judgment ye judge, ye shall be judged; and with what measure ye mete, it shall be measured to you again.

Jesus

I have a perfect story that just happened recently in Florida. A 6 years old girl and her mother were driving on the highway when they spot a turtle crossing the street. They pulled over so they could help the turtle. The little girl jumped out of the car immediately to save the turtle. She was struck by a car and died of her injuries.

After hearing this story, what emotions does this evoke? Is it sadness? Pity? Do you notice that no matter what you feel, it is based upon your judgment of the situation? Many people would find the story sad because they can imagine their feelings as if it had happened to them. Some parents would live under bitterness if their children had died under such a tragic accident. However other parents might bless god for taking care of her in heaven. I am awed by the beauty of god from the little girl before the end of her life. At that moment, nothing mattered, not even her life compare to the love for another soul. She ended her life in the act of pure love. I thank god for using her as our messenger. In a simple act of saving a turtle, she told the world that pure love is everywhere. From

seeing these many interpretations of the same event, you realize that everything is really relative and nothing is absolute. How you feel in relation to this incident is wholly up to you. Because of this fact, *you* control if you choose to suffer.

You might wonder what if the suffering is inflicted by another person. As difficult as it might sound, but the same rules will apply. You choose if the experiences you are feeling to be painful or an opportunity to experience life.

The reason why this idea might be difficult to accept is because you are looking at the situation from a physical perspective. You are viewing yourself as a physical entity, when in reality that is not true. You are comprised of mind, body and the spirit, the holy trinity. Your mind and your body belong to the physical world while your soul belongs to the spiritual world. Although you may feel that you belong to the physical world, your soul is the true master, not your body nor your mind.

To the soul, your body is nothing but a simulation of experience, a video game that the soul is playing. If you are playing a video game with your best friend, are you damaged when you die? Do you get mad when your friend strike, beat and crucify you in the game? Does it matter what your character has to go through? Most likely, you would say the more adventurous the better. This is why we all seek adventures in many different forms. Some people enjoys travel around the world, others play more video game. Yes, we can tell the characters in our video game to play another video game.

When people die, the soul is simply sick of the game and is ready to play another game. Death is not an end but a beginning for the soul. It means that they can finally leave the old and dying body and move to a younger and better life. Death is only sad when the people left behind attribute the incident to be sad. Most people see death as an end. Even when the death was unexpected, the soul *ready* decided the outcome before birth. Nothing in this universe is an accident, yet you have a free will to choose, no contradictions. Notice how beautiful *your* plane was?

In the beginning of the chapter I mentioned that the reason why we suffer. It is because we have forgotten who we really are. We have forgotten that everything is just an illusion we created for ourselves. Before we have forgotten who we were, no games could be played because every game was perfect. It is only after we have forgotten who we are that we can play a real game. Somewhere along the way, we started taking the game too seriously, too personally, and too selfishly. Because of this, we fall into the illusion of suffering. Not only are we suffering, we cause other to suffer with us.

It is time for us to take a step back and see the illusion we created. The original purpose of the game was to experience the joy and the love of god, yet some how along the way we turned earth into a living hell. We pollute the air we breathe, we poison the soil we plant our food, and kill each other for the purpose of pride. Although god does not judge how we play the game, can we make it a little less painful? Do you not remember that I am your brother and we are only playing a game? Do you not realize that it doesn't matter who is the best, or the most powerful? Do you not know that some souls

are so damaged from the physical world; they have mental breakdowns in the spiritual world? Wake up my sister and see the truth. Please see me as who I really am.

Everybody always ask why god allows this much suffering in the world. God has no control over any of these events. It is us that have chosen to experience what we experience. We choose the events we will experience before we are born; we choose how we react to the events after we are born. It is our reaction and judgment that causes our suffering and causes others to suffer. Let your judgments go and suffering will disappear, because the kingdom of god is already within you.

Chapter 7

I and the father are one

I have spent a lot of energy so far telling you that you, and I, and god are one. Many of you might understand this concept in a metaphoric level. When you look around you, you see other people as a separate entity with separate consciousness. How can you and I and god be one when we are all obviously apart from each other?

So I am going to shock you a little. We are not only one metaphorically; we are literally one as a physical phenomenon.

To best illustrate this point, I will use several analogies. Let's say we fill a glass with water. Are the water molecules at the top half the same as the water molecule at the bottom half of the glass? Yes and no. At any particular instant, the water at the top half is not the water at the bottom half. However, the molecules from the top half constantly flow into the bottom half while the water in the bottom half does the same thing. Due to this flow, the bottom half is always a part of the top half while the top is a part of the bottom. In this illustration, you are the top half while I am the bottom half. At any particular moment we are different, but we are also each other as the water in glass. The water itself is god.

Is the air in your room the same air in the kitchen? Some people might say yes, and some people might say no. The air is connected everywhere so the air in your room is simply the part of the air that *is in your room*. Together, they are all air. The air that you breathe inside you is the same air that someone else breathes out. Whatever that was inside someone else is also inside you. When some body dies, their body goes into the earth. The part of their body is decayed and returned back to the earth. The earth grows the food we eat. What we eat forms parts of our body. A part of every deceased is what you physically are composed of. This might seem like a rather disgusting way to think of our body, but this is also the beauty of our being. We are a part of everybody else.

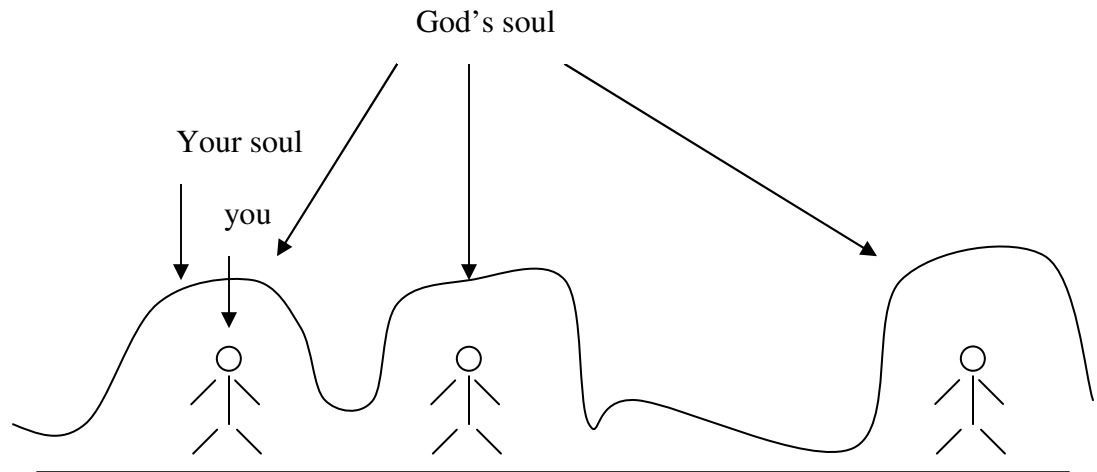
You might still think that we might be composed of each other, but we are not *currently* one. We are not currently connected because there are obvious physical spaces between us. The truth is that there are *no* spaces between any one of us. We are *physically* connected in another way which you have forgotten. This is a very physical phenomenon which could be measure by our equipments.

So how are we connected into one? The more relevant question is *who do you consider you are?* If you consider yourself as the body that you see and the thought that you think, you have missed the most import part of your existence. Like I have explained before, you are consists of the mind, body, and spirit. Out of the three aspects, the mind and the body is only an illusion. The soul is the real you which has forgotten its identity. It is the soul that is connected to everybody else. It is the soul that is the drop of water in the grand ocean of god. I am you and you are me in this ocean. We are individually god and together we form the entirety of god.

Although I am expressing the beauty of this phenomenon metaphorically, you are still not remembering how this is a physical phenomenon. You see, everybody has an aura, an energy field around their body. This energy field is real, and could be measured and detected by Kirlian effect.

Although the phenomenon of our body "glowing" under certain conditions was first noticed by Nikola Tesla late in 19th century, the technique of recording images of this glow was pioneered by Kirlian couple in Russia in 1939. This energy field and aura around your body is the real you. The true master of your body in this illusion we call the matrix. This energy field is your soul and god's soul

This is a drawing of the density function of the energy field around your body.



It should be emphasized that the diagram above is not the shape of the energy, but an energy density function in relation to space. The energy is the densest around your body and it becomes less dense as it gets further from the body. The energy never goes to zero, it extends from your body all the way to infinity. The energy around us literally flows freely between us. The summation of all our energy forms the soul of god.

This is what it meant that we were created in the image of god. It is the soul that this statement is pointing to and not the physical form. Since god is everything, god can take on any physical form god chooses, so to say that we physically look like god doesn't paint the complete picture. However god only has one soul, this is the same soul that we have. The soul is what's created in the image of god.

When god divided herself into infinite energy units, none of them was separate from god. God simply rearranged the density of her energy into little packets. Souls are

lighter while matters are heavier and everything else is the energy in between. Nothing could be separate from god since god is who we are and everything in between us. None of the souls were disconnected to god; you are never without god, you are never forsaken by god because you are literally god's body part.

The real Aura around us is constantly changing flowing, much like a flame or a hot air and never has a smooth, regular shape. This energy field radiates from you all the way to infinity with diminishing density but never zero. Each person has individual pattern and a specific mix of colors which is ALWAYS present. Aura shape, size and color content are dramatically different for a sick person, natural healer and a spiritually advanced individual. Aura is like a fingerprint, we all have our own aura that is very different from other people.

This aura is the true you, the master behind the mask. By seeing the aura, you can tell a person's emotional state. If they are happy, sad, angry, lying and sick, they will have some type of aura to agree with this.

From having noticed this, you might start realizing that everything around you is god. God is energy and everything is energy. The book you are holding is god, the wine you drink is god, and the bread you eat is god. You are covered by god, you *are* god. This is why that you are already in the kingdom of the lord. We are literally inside the house of god.

This bread is my body, broken for you. Eat it and also remember me. This wine IS my blood, shed for you for the forgiveness of all of your sins. Drink it and also remember me.

Do you not believe that I am in the Father and the Father is in me? The words that I speak are not spoken of myself; it is the Father who lives in me accomplishing his works.

Jesus

Because of what Jesus referred to as the mortal sin; we forgot who we really are. This mortal sin by birth is not really a sin in god's eyes because god does not judge you. However, the reason why Jesus called it a sin is because the "*forgetting*" of who we are is the source of all ungodliness. You are already in heaven, but you do not remember that you are. So heaven is not a place you go but rather a place you must remember within your heart.

"If your leaders say to you,

*'Look, the kingdom is **in the sky**,'
then the birds of the sky will precede you.
If they say to you, 'It is in the sea,'
then the **fish** will precede you.*

*Rather, the (Father's) kingdom is **within** you and it is **outside** you.*

*When you know yourselves, then you will be known,
and you will understand that you are children of the living Father.*

*But if you do not know yourselves,
then you live in poverty, and **you are the poverty.**"*

Jesus

This is the mortal sin that Jesus always referred to, the decision to forget our identity. Because of this, we lost faith in our ability to listen to our hearts, and love without conditions. Jesus was willing to pay with his own life to bring back unity to people who have been separated from god and from each other because of the mortal sin.

This separation is not a real separation because we cannot be separated. This separation is the forgetting of our connection. It is because of this sin that some of us go through hell while living, and some goes to hell after death. Hell of course does not exist. But if you believe that it is where you belong, that is where you shall go after death. This is done not by the collective god, but by yourself as god. Your judgment of where you belong will allow you to experience whatever you think you deserve. When you have died and remembered who you are, you will be a fair judge of what you shall experience.

If I may make a suggestion, my dear friend, I say that you forgive yourself of all your past. Please go easy on yourself once you have realized who you are. You are my brother, my sister, my mother and my father, and I forgive you. We hurt each other simply because we know not what we do. We know not who we are and therefore all shall be forgiven. Do you punish a baby for not going to the bathroom correctly?

Do you still remember the reason why we decided to forget? It was all part of *your* amazing plan. How can god judge us when it was god that decided that we shall all forget? Without this forgetting, none of these that you see will ever exist. Of course we probably didn't hope for things to get this ugly. But there is no sense worrying about the past, there is only now. Every passing moment is another chance to be you.

"I am the way, and the truth, and the life; no one comes to the Father but through me. If you really knew me, you would now know my Father also. From this point on you know him; you have seen him."

Jesus

Chapter 8

The judgment day

The judgment day in a modern sense, of course, does not exist. There is no such thing as the final judgment because life will go on forever. You simply go from one form to another after death. Even though the New Testament claims that Jesus talked about the end of the age, Jesus' teaching has been so distorted and misinterpreted I will tell you that much of the bible is not true. Like the telephone game, the words of the bible are based upon several layers of retelling a story. The interpretation will change between each exchange and messages will get distorted. The act of writing and naming something instantly proves that you are wrong. Even my writings in this book will not be completely accurate. I am simply doing the best to represent infinite information with finite English symbols.

The concept that you will be one day judged by god to decide if you belong to hell or heaven forever is completely inaccurate. Nothing is forever, you cannot be in hell forever and you cannot be in heaven forever. Everything will change because everything is an illusion. The only thing that will never change is the one and only truth. **You are you.** You are god and the energy itself. Energy cannot be created or destroyed. Death is the beginning, and never the end. For this, you can rest assured that you will never get stuck in your hell forever and the judgment day most people imagine simply doesn't exist. However the experience of the judgment day has and will occur to each and every one of us.

Many soldiers during WWII would probably have labeled the battle field as their judgment day during D day. The thousands that have died during the September eleventh incident must have felt it too. You see, every one of us will have to face our own tribulation in one life time or another because we will *choose* to experience it. If you simply put your mind frame as one of the spirits, you would know that comfort cannot exist without distress. To the spirits, the suffering in the physical body is one with joy. The pain itself means nothing to the spirit because it knows that it is not real. Why do you think so many people play dangerous video game where the characters can be killed and destroyed? Why would people play war games and kill thousands of innocent people in the game with a click of a button? There are games out there where you would kill rape and steal. Why would people still play these games when they are obviously detrimental to the character in the game?

This is because we know that it is not real. We know that the characters don't really die. (Just press the restart button and you will see) We know that we don't regularly hack people's head off, but it won't matter if we do in video games. We know that we don't want to kill innocent children, but it doesn't matter either. Nothing matters in video games except the experience after the game. This experience is exactly why we play the game, why we invented this big video game called the universe to play. Now if you take the video game analogy to another level. Let's say you can go into a virtual

reality where you can convince the brain to feel everything. You go into the game forgetting that it is not real and get stuck with the same character until you die. This is what's going on here.

If you simply look at life from this perspective, why would you want to have a boring life? Have you ever thought that there is more to life than what you are doing? This is your soul reminding you the purpose of yourself. The purpose is to experience everything you can to decide who you are. Live life to the fullest and seize the day. This is the only reason why you are here, or else you will spend the rest of your life in regret.

This is why god allowed holocaust, WWI, WWII to occur because nothing matters in god's eyes. Every event is an experience for god and god blessed every experience equally. God is always fair even to what we consider as evil. Pay attention and note that it is not the conscious god that is choosing the pain and the suffering; it is the unconscious god, you and me that is creating the universe. God simply lay down the ground rules, we play out the outcome. What happens in the world is completely up to us not god. God cannot interfere with our free will or else she would be cheating the game.

The raise of Hitler was not only Hitler's will, but people's will. Together the world created Hitler. After WWI, the nation of Germany was filled with anger and the sense of revenge. After the economic crashed around 1929, Germany needed someone to believe. Hitler was simply the manifestation of what the people desired. When Hitler became the dictator, why didn't the citizens, the politicians, the soldiers stop Hitler? When Hitler started increasing military armament, why didn't England and the League of Nation stop Germany? Why didn't the United States step in when Germany was bombing England everyday until Pearl Harbor?

People did not want to stop Hitler out of fear. The citizens of Germany feared prison and death. French and England feared war and United States feared trouble after WWI. I tell you that the greatest atrocity during WWII was not the holocaust, but that the holocaust must occur before the world stopped Hitler.

There has been many judgment days in the past, and many more will come in the future if mankind were not to stand up today against the injustice of the world today. The majority of the citizens in Germany knew that the injustice against the Jews were wrong. Yet only few stood up against it. Even Germany's churches were subjected to Nazi pressure. Otherwise, with the exception of a few brave isolated clergymen, the churches rarely spoke out against the regime. The regime's chief victims--Jews, Communists, Socialists, labor leaders, and writers--generally had not been close to the churches, and their persecution was witnessed in silence.

Unknown Author

*First they came for the Communists,
and I didn't speak up,
because I wasn't a Communist.*

*Then they came for the Jews,
and I didn't speak up,
because I wasn't a Jew.
Then they came for the Catholics,
and I didn't speak up,
because I was a Protestant.
Then they came for me,
and by that time there was no one
left to speak up for me.*

Even today as of this moment, your conscious choices will determine the tribulations of the future. The prophecies of the past are simply a sample of our *likely* future. Each and every one of us has an infinite amount of future to choose from, what the prophets of the past saw was base upon the assumption that the civilization will continue with its trend. We do not have to choose to experience the prophecy if people were to be more conscious of their actions.

Today, there are starving children all around the world which we choose not to care about. There are wives being beaten and we choose to ignore it. There are people that make enormous amount of money doing little contribution to the society while others are left to worry about their rent payment. There are children in the streets that become prostitutes and criminals. The health care system in United State is unaffordable even for many middle class citizens. The education system is biased towards the rich. We are using up all the natural resources in the world and we are depleting the ozone layer.

We are ignoring the problems just like we always have. It is only a matter of time that the next great calamity will fall upon us by our own doing. People always ask god to change what is going wrong, why don't you start? Write to congress that the government is hiding too much from the citizens. If the congress will not listen to you, have ten people write. If the congress will still not listen, have a thousand write. If the congress will still not listen, have a million write. Use yourself as an example, and be the light and truth for all of us. If you truly believe that what you wish is the truth, and the way, people will follow because you shall lead. You cannot be contested because truth will never turn into a lie. Tell people that you are the way and tell people how it should be changed.

We all know that the next tribulation is coming soon. Civilizations much more advanced than ours have had been destroyed many times in the past. People in the past were mainly concerned with their personal affairs very similar to our society today. When people start growing apart from each other, great calamities will come. We are reaching a time where we have the technology to self-destruct. If we are not careful with our biotechnology, a dangerous virus could stand to kill the entire human race. If we do not stop the nuclear proliferations, a nuclear war in the future will be inevitable. If we do not stand together, we shall fall apart just like all great civilizations of the past. The visions of the prophets saw horrified images of the future and warned us against choosing such an outcome. We have heard the warning, we are simply not listening.

If you consider the judgment day as the end of the world scenario, it is a very real and possible outcome for the human race. We are destroying the planet out of our ignorance. We are using up all the resources out of greed, and we are polluting our environment out of lack of care. What we have done will have its consequences. Everything has consequences. If you slit your throat, you will die. If we destroy our planet, we will die.

I want you to note that I am not making judgment on whether the end of the world is a *good or bad* event. It is simply a very possible event that we are heading towards. The key to understand here is not whether some events might happen, it is what events you choose to experience. Hopefully you have been noticing the theme by now, what do you choose? What do you choose? What do you choose?

Neon Genesis Evangelion

If you simply look at the universe from your soul's perspective, who cares if the end of the world will occur in your life time? You have chosen to be born for the events that will happen to you. You have chosen to experience every event. You have chosen an event when you choose otherwise. You have chosen an event which you take over the world, live in poverty, have sex with every men and women, serve hamburgers all day. If you choose to stop world hunger, end it now because there is a world where it is over. If you wish to end our next tribulation, end it. If enough people choose it, mountains could be moved, world hunger could end, world peace would start, and tribulations would never come.

There is a world where you can do anything simply by jumping from one world to another. If you truly understand the matrix, you can make the blind see, and the deaf hear, walk on water like Jesus, and fly like Neo. This is how the real matrix work and it was *you* that created it. We simply forced us to forget how the matrix to enter the game. Because we have forgotten about the matrix, we follow the rules we learned in our physical life time. We are all brainwashed by the society to think in a certain way. We are brainwashed to care only about our affairs. We are brainwashed to think what is beautiful and what is ugly. Basically, every adjective you have ever used is a result of the societal influence. This influence creates boundaries for us and we became ignorant within the box we drew for ourselves. Have you ever wonder why people use the expression to think outside the box? This is box is your own box of the boundaries you have drawn for yourself and it is the box that keeps you ignorant.

Due to our ignorance, the society brainwashed us to think that sex is dirty, god has a final judgment, and that the devil exists.

Wait a second, what did I just say? Are you bothered by my previous statement? Yes, I am saying that these three believes are completely inaccurate from the truth. Not only are they inaccurate, they are precisely the cause for the majority of our problems in the society.

Let me first take up sex since it always has been the topic of interest. If there is only statement I can un-brainwash is this statement.

Don't feel ashamed over any sexual urges you have.

The entire study of Sigmund Freud is based upon repressed sexual urges. When a man sees an attractive woman, his id probably has an instant sexual attraction towards her. The ego adjusts the id by giving it logical reasons why grabbing a random woman to have instant sex might have negative side effects, and the superego castigates the man to have such an *improper* thought. It is exactly this superego that is doing the repression. The ego gives logical reason why you might not choose to have a specific experience, but the superego judges you for your feelings. It is this judgment of yourself that you force your natural feeling to be repressed. Over time, overly repressed people will explode. This is why the entire field of Sigmund Freud works for so many people.

The movie psycho is a perfect example of this idea.

Yes, it is ok to want to masturbate. It is ok to touch your pee pee or wee wee. It is ok to want to have sex with your parents or your siblings. (Oedipus and Electra complex) Your feelings are not a complex or a sickness, it is a natural feeling that everybody has and everybody represses. (The hours) **All your feelings you have felt since you are young are all ok, there is nothing wrong with you.** You are not less perfect for feeling a certain way. God will not judge you for these feelings. God has created you for who you are and she will not judge her own creation. By judging his own creation he is judging himself. Don't ever feel guilty to feel a certain way.

How you manifest these feeling is the key. You might not choose to experience something because it will have negative side effects. You will have very logical reason why you should not do something, but never ever blame yourself for having these feelings. It is not your fault to feel this way. You are not bad. You are not dirty. You are not evil.

It is not your fault

It is not your fault

It is not your fault

It is not your fault

It is not your fault

It is not your fault

It is not your fault

The society has taught us to be ashamed of our body. Adam and eve saw their naked bodies and they were ashamed. Parents hide all sex from their kids. Parents refuse to call penis and vagina by its proper name. Public affection is frowned upon. Why are people so afraid of sexuality? Why is everybody hiding sex? What is there to hide? People only hide things they are ashamed of and kids will get that idea. Children are learned to repress their sexuality at a young age due to the entire societal influence. If it is something that everybody is ashamed of, it must be bad.

Fortunately most children grow up learning that sex is not bad, not bad at all. They immediately come to a paradox why something so good could be bad. Why god would give us something so good and punishes us for wanting to follow our natural feelings. From this realization, it is likely that many overly repressed children will have resentment towards their society for lying to them. Some people deal with the realization well, and some others never get over it their entire life.

It is almost too funny that people repress sexuality for religious purpose. People are not allowed to walk around naked. People are not allowed to have sex in public. Do you think god is offended to see you have sex in public? Do you think that god cannot see you having sex in the bedroom? How many bedrooms have you been in? God has been in *every one* of them. Do you think god has never seen *kinky* sex? You cannot even begin to imagine what god has seen in the bedrooms. There is nothing that god has not seen and there is nothing that could surprise god. There is nothing that is outside of god's plan so how can god get offended when he already expected everything? God doesn't get mad or offended so don't feel guilty over sex.

Have you ever wondered why many countries with less sexual repression have much less rape? Just go do your own research on the Roman Catholic sex scandals; it is the most repressed religion and the scandals are the very prove of its inefficiency. Sexuality was given to us by god and to hide it and suppress it will only go against what was meant to be.

Now many people would defend the reason why we hide sex from our children. Most parents probably think that children should not be having sex in the first place. They are not old enough and responsible enough, so they should avoid it all together. Celibacy is the best way to avoid pregnancy. This is going into a much bigger discussion which I will not cover here. How to solve this problem has been discussed already extensively in the book "Conversations of god." The book will cover many of the similar topics that I also cover in more detail but less scientifically. The solution requires our current broken society to evolve to a higher level of consciousness. It is a much bigger topic which I might get to in a later chapter.

Now what about the question of god's judgment on us? If you have been reading all the way up till this point, I cannot emphasize more on how god does not judge us. God's creation must be perfect and therefore god. How can god judge god himself? Let's think about this logically. God has given us a free will. Free will means that we have the *option* to choose for ourselves. If god gives us two options, with the condition that one

will result in eternal burning of hell. Is god really giving us an unbiased free will? If god *really* wants us to follow his will, can he not just snap his finger and we all will. Do you see how the concept of a final judgment makes god a judgmental god? It makes god a vengeful god. It makes god a god that is not powerful enough to make us listen. God is none of these. This mode of thinking alienates god from people. It makes people think that god is unfair and makes no sense. This is simply not true; god will never expect you to do something impossible.

The simple fact that people believe in the devil is a mockery to god. Is god so incompetent that he cannot control the devil? Is god so weak that he cannot stop all suffering? Is it like god to *accidentally* create an angel that will rebel? No matter how you analyze the question, you either end up with an incompetent god that messes up all the time, or an evil god that wants bad things to happen to good people. Although god cannot be offended nor can his feeling be hurt, our logic is wrong. Our logic leaves god powerless to control the universe. We have created a creature that is as powerful as god that is capable of not following god's will. This is impossible. This is why people have to use the phrase that god works in mysterious ways. I will tell you otherwise, there is nothing that god does that has no logical reason.

God is all powerful and nothing that is happening is an accident. Remember the great dichotomy that we created? It was invented by *you* as a measuring stick. It is only a measuring stick like the theory of relativity, it is not real. In the beginning god is good and god is evil. God is happy and god is sad. Except at that time, evil didn't exist and sadness didn't exist. Evil never existed and it still doesn't exist. If you would spend enough time to think about evil, you will realize that any body that performs evil deeds is due to the desire for something else. This extreme form of desiring, might it be power, money, or lust is still a form of love. Everything in the universe is derived from love, even hatred and evilness. This is the ultimate truth, which you truly are. You are god, the truth, life, and pure love.

While we are on this topic, let me also answer the question of when all these will end. Yes, there is a set time when the entire universe will die. If we take the most obvious judgment day, the end of the universe, we would all agree that this would be the end of all physical life; even spirits. We know scientifically that the universe will die someday. There simply isn't enough energy to sustain the universe forever.

According to the most recently accepted theories, the universe is an expanding universe. According to the big bang theory, approximately around 15 billion years ago the universe was started by a tremendous explosion. We call the explosion today the big bang.

The origin of the Big Bang theory can be credited to Edwin Hubble. Hubble was the first man to observe that the universe is continuously expanding. Not only is the universe expanding, it is expanding at a proportion that insinuated that it had a single origin. This observation means that it has taken every galaxy the same amount of time to

move from a common starting position to its current position. From these observations, Hubble laid the foundations for the Big Bang theory.

From this theory many scientists are also trying to determine how the universe will end. There are currently two controversial theories that are mostly debated over. One theory states that the universe will continuously expand and get colder and colder until it freezes. The sun will eventually be burned out and there will be no more heat in the universe. This is when even hell will freeze over. The second theory states that energy will stop sustaining the expansion and gravity would take over. When this happens, the entire universe will collapse back into one like a black hole. This is called the big crunch. Our planet will collide with millions and millions of stars and we will all burn to death. There will be nothing that could escape this reunification; all energy will unite back into one.

Although this has not been scientifically proven, I will tell you exactly what will happen. The universe will contract like the second theory and all energy will return to the source. This is when all matter, all energy, and all of everything returns back to god. This is the end of our time and god has taken everything back. The good news is that even if you have been stuck in hell for billions of years, this is when you inevitably return back to god. If you consider anything as the judgment day and the end is this moment.

So what happens after? The universe will once again explode and we will start all over again. The universe will expand and contract forever and ever. This is the heart beat of god. This is the restart button for god.

Chapter 9

Life after death

So what happens after we die if god doesn't judge us? It might be a good idea to continue with the story at this point. Last time we left the story at the point where we decided to forget that we are god. After the spirits have forgotten everything, they were placed in the physical world to randomly experience what they choose. Now let's say it is the spirit's first time in the physical world, they probably become a lower life form such as an earthworm.

Now after the first life cycle when the body dies, the spirits still doesn't remember anything. You see, not only has the physical body forgotten who we are, the spirits too have forgotten who they are.

This is the whole point; the spirits have forgotten who they are. The goal is use the experiences in the spiritual world and the physical world to remember who we are. The spirits are like lost sheep that runs around searching for home.

TO BE CONTINUED